
We Are All:
SistersInStitch

The Island Stroll CAL

WEEK 1. THE PONDING LILY SQUARE

SistersInStitch



Yarn and Colors



Designed by Therese Eghult

About The Design

Welcome to the very first week of the Island Stroll CAL!
For eleven weeks we will create beautiful blankets and
pillows inspired of the island fauna in the Swedish
archipelago.

The Ponding Lily Square is a beautiful floral overlay
crochet square. In the center of it you'll find a serene
Water Lily gently resting on its leaves surrounded by calm
waters. It is designed with the many lakes and ponds of
the island in mind and will bring us to a lovely start of
our Island Stroll CAL.

We wish you a wonderful crochet time.

xxx

Tess



You Will Need

Yarn

For the pillow we have used Must-Have; a 4 ply yarn in 100% mercerised cotton with a lovely shimmer that comes in 50 grams balls with 125 meters/137 yards.

For the blanket I have used Super Must-Have; a bulky weight yarn in 100% mercerised cotton with the same lovely smooth shimmer and comes in 100 grams balls with 115 meters/125 yards.

Tools

A 3 mm crochet hook for the pillow or a 6 mm for the blanket
A darning needle
A pair of scissors

Measurements

The Ponding Lily Square will measure 12,5 cm x 12,5 cm unblocked in Must-Have, and 23 cm x 23 cm unblocked in Super Must-Have.

The finished pillow will fit a 50 cm x 50 cm pillow insert.
The finished blanket will measure 130 cm x 130 cm (and 160 cm on the diagonal).

Pattern Notes

All the stitches, techniques and terminology used for this pattern is found in the CAL Stitch Guide.

Need help with the pattern? Watch the video tutorial on:
www.YouTube.com/SistersInStitch

Skill Level
Intermediate

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Part 1. The Ponding Lily Square

MAKE 1 PIECE

Colorways: (Sunlight/Sea/Woods)

Special stitches used:

v-stitch

FPv-stitch (Front Post v-stitch)

tall v-stitch

FPdc2bobble (Front Post two double bobble)

FPtr2bobble (Front Post two treble crochet bobble)

THE PATTERN

rnd 1 (Mustard/Cream/Ecru)

Work 6 sc into a magic circle, close with a sl st in the first sc

- 6 sc

rnd 2 (Mustard/Cream/Ecru) *Begin with a standing stitch:*

*2 dc in the next 6 sts, fasten off with an invisible join to the second st

- 12 dc

rnd 3 (Pearl/Ice Blue/Pearl) *Begin with a standing stitch in any first double crochet of a set:*

*2 sc in the next st, 1 FPhdc in the next st; rep from * til end, close with an invisible join to the second st

- 12 sc, 6 FPhdc

rnd 4 (Old Pink/Denim/Rosé) *Begin with a standing stitch in any first single crochet of a set:*

*BPhdc around the next 2 st, 1 FPv-st around the next FPhdc; rep from * til end, close with an invisible join to the second st

- 12 BPhdc, 6 FPv-st

THE PONDING LILY SQUARE CONTINUED

rnd 5 (Old Pink/Denim/Rosé) Note! *You'll be working in stitches from both rnd 3 and 4. Work only around the ch2-space of the v-stitches, whilst skipping the double crochets entirely.*

Begin around any given:

*7 dc around the next ch2-sp from rnd 4, 1 sl st (in front of the BPhdcs) back down into the second sc from rnd 3, skip the next 2 sts from rnd 4 (i.e. the BPhdcs); rep from * til end, close with an invisible join to the second st

- 42 dc, 6 sl st

rnd 6 (Limestone/Limestone/Pea Green) Note! *Work only in the skipped BPhdcs from rnd 4 and behind the flower petals made in round 5. Begin in any first BPhdc of a set:*

*3 dc in the next 2 BPhdc; rep from * til end, close with a sl st to the first st. Note! *This which counts as the first st of the next rnd*

- 36 dc

rnd 7 (Limestone/Limestone/Pea Green) *Begin in any first dc of a set:*
*1 sl st + ch 1 + 1 hdc in the next st, 1 hdc in the next 4 sts, 1 hdc + ch 1 + 1 sl st in the next st; rep from * til end, close with an invisible join to the ch after initial sl st

- 36 hdc, 12 sl st, 12 ch

rnd 8 (Cream/Cream/Limestone) Note! *Work the tall v-sts around the stitches from rnd 6 and 7. Begin around any given:*

*1 tall v-st around the next gap between the leafs made in rnd 6 and 7, ch 3, skip the next 5 sts, 1 sc in both the 3rd and 4th loop of the 4th hdc of the leaf (see tutorial), ch 3, skip the next 5 sts; rep from * til end, close with a sl st to the first st

- 6 tall v-sts, 12 ch3-sps, 6 sc

THE PONDING LILY SQUARE CONTINUED

Note! *In rnd 9 you work a sc2tog over the trebles in the tall v-stitch stitches from rnd 8. Starting in the given chain space, begin as a normal single crochet (2 loops on the hook) and before doing the final yarn over, go under the next chain space, yarn over and pull up a loop (3 loops on the hook), yarn over and pull through all 3 loops. You are never working in the stitches of rnd 8, but the head of the decrease falls right on top of it having one leg in each chain space.*

rnd 9 (Cream/Ecru/Limestone) *Slip stitch into the next ch2-sp of the tall v-stitch and begin with a standing st:*

*3 sc around the next ch2-sp, 1 sc2tog over the next st (the tall v-st tr), 3 sc around the next ch3-sp, 1 sc2tog over the next st (the sc), 3 sc around the next ch3-sp, 1 sc2tog over the next st (the tall v-st tr); rep from * til end, close with an invisible join to the second st

- 72 sc

rnd 10 (Pearl/Ice Blue/Clay) *Begin in any sc2tog:*

*1 v-st in the next st, skip the next 2 sts; rep from * til end, close with a sl st to the first st

- 24 v-st

rnd 11 (Pearl/Ice Blue/Clay) *Note! Work your stitches **in** each double crochet and **around** each chain stitch, begin with a standing st:*

*1 sc in the next 16 sts, skip the next st, (1 dc + ch 1) x 3 times + 1 dc around the ch2-sp of the next v-st, skip the next st, 1 sc in the next 20 sts; rep from * til end; omitting the last 16 sts, close with an invisible join to the second st

- 16 dc, 80 sc, 12 ch1-sps

THE PONDING LILY SQUARE CONTINUED

rnd 12 (Ecrú/Ecrú/Eucalyptus) *Begin in any second corner ch1-sp:*
*1 dc + ch 3 + 1 dc around the next ch1-sp, 1 FPdc2bobble around the third dc, 1 dc around the next ch1-sp, 1 FPtr2bobble around the fourth dc, skip the next 2 sts, 1 hdc in the next 4 sts, 1 sc in the next 8 sts, 1 hdc in the next 4 sts, skip the next 2 sts, 1 FPtr2bobble around the first dc, 1 dc around the next ch1-sp, 1 FPdc2bobble around the second dc; rep from * til end, close with a sl st to the first st

- 16 dc, 4 ch3-sps, 8 FPdc2bobble, 8 FPtr2bobble, 32 hdc, 32 sc

rnd 13 (Ecrú/Ecrú/Eucalyptus) *Begin in any given:*
*4 sc around the next ch3-sp, 1 sc in the next dc, 1 sc around the gap between the next dc and FPdc2bobble, skip the next FPdc2bobble, 1 sc around the gap between the next FPdc2bobble and dc, 1 sc in the next dc, skip the next FPtr2bobble, 1 sc around the gap between the next FPtr2bobble and hdc, skip the next st, 1 sc in the next 15 sts, 1 sc around the gap between the next hdc and FPtr2bobble, skip the next FPtr2bobble, 1 sc in next dc, 1 sc around the gap between the next dc and FPdc2bobble, skip the next FPdc2bobble, 1 sc in the next dc; rep from * til end, close with an invisible join to the second st

- Per side: 28 sc

rnd 14 (Mustard/Denim/Pea Green) *Begin in any second sc in a corner set of four:*

*1 sc + ch 2 in the next st, 1 sc in the next st, 1 sc in each st across; rep from * til end, fasten off with an invisible join to the second st

- Per side: 28 sc, 1 ch2-sp

Your square is finished!



Closing words

Well done lovely! You have now finished the very first part of the Island Stroll CAL and we hope you had lots of fun. If you share your progress and pieces on social media: please use our official hashtag #IslandStrollCAL cause we would absolutley love to see it.

Next week we will continue on with part two which is the joyful and popping Oh I Adore Square. A popcorn party for sure!

Until then..

x x x

Tess



For more info & crochet fun:

www.SistersInStitch.com



Until next time...

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