



The Island Stroll CAL

Techniques, abbreviation and terminology lists

Hi and welcome!

We are so happy to see you here and that you are gonna join us on our Island Stroll CAL adventure. Here below we have put together a technique guide along with abbreviation and terminology lists that will be helpful to have when you are working on the CAL. Please keep these on your digital device to have close at hand, or feel free to print those pages that you feel you need.

The pattern and video tutorials will all be in English using US-terminology. I speak both English and Swedish so we have placed the UK- and Swedish shortenings beside the US ones down here below too, and YouTube is usually quite quick on providing subtitles so fingers crossed many more languages will come.

If you would like help with any of the stitches or instructions whilst working on the pattern; please watch the comprehensive CAL video tutorial for each part on [our YouTube Channel](#) or send us a message through [our contact form](#). We are happy to help you out!

Oh, and please note that neither the blanket nor the pillow needs any blocking. Instead, we will use their own weight and stretch to block them out. Absolutely awesome.

xxx

Tess

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Techniques

Magic Circle

A magic circle, also called an adjustable ring or a magic ring, is a very useful technique for crocheting in the round. I love using this method because it gives the tightest center closure and almost eliminates that hole that can form in the center of your work. If you feel insecure with this technique you can of course choose to do a chain circle start instead.

To use a magic circle when crochet; you'll make the first round of stitches into an adjustable loop. Then you simply pull the yarn tail to close it up nice and tight and work away those ends on the back.

How to:

Step 1. Place yarn over your left index finger with the yarn end towards you and hold it in place.

Step 2. Wrap the other end of the yarn (the working yarn) clockwise over your index finger, just like you would when making a slip knot.

Step 3. Remove the loop from your finger and hold it with your thumb and index finger.

Step 4. Insert your hook into the loop, grab the working yarn with your hook and pull it through the loop, chain one stitch to secure the loop.

You can now work your indicated stitches into the loop. When you are done with the first round; simply pull the yarn end to close the magic circle and then weave in the ends tightly on the backside to make sure it will stay secure and won't unravel.

Standing Stitches

Standing stitches are used to start the round when using a new color, or when you need to start in a different location than where the previous round finished. This is clearly indicated in the pattern for each round.

How to: Simply begin with a slip knot on your hook, hold the slip knot with your finger and make the stitch like normal.

If you feel insecure with the standing stitch technique you can of course choose to use the alternative chain start instead.

How to: Simply do a slip stitch in/around the indicated stitch/space and make any number of chains to get to the correct height. For example: 1 single/half double crochet = 1 slip stitch + 1 chain stitch. 1 double crochet = 1 slip stitch + 2(3) chain stitches. 1 treble crochet = 1 slip stitch + 3(4) chain stitches.



Working in the third loop/bar

There are two main loops; the V on the top of each stitch, referred to as the front loop and back loop respectively. The third loop is placed right down below the back loop. Tip the V forward and look to the back of the stitch to find it.

Omitting stitches of the last repeat

In the pattern you will see instructions telling you to omit some stitches of the last repeat. This means that your last repeat should stop before these indicated stitches as you will have already made them before the repeat began.

Closing your rounds

There are two ways to close your rounds that will be used for this CAL. Either with a slip stitch into the first stitch to easily continue on with the next round in the same color; or with an invisible join to the second stitch. Which to use is clearly stated at the end of each round in the written pattern.

Closing with a slip stitch

To join your round with a slip stitch: simply insert your hook into/around the first stitch/space of the round and make a slip stitch.

The invisible join

How to:

Step 1. After finishing the last stitch of the round, cut off your yarn whilst leaving about a 10 cm (4 inch) tail. Pull out the loop and thread a darning needle with your end tail.

Step 2. Insert the needle through both loops of the second stitch made in the beginning of the round (i.e. you are skipping the first stitch). Then insert the needle down through the back and third loop of the last stitch of the round: creating a false head on top of the first stitch of the round.

Step 3. Pull carefully on your yarn until the loop you just made looks like the other stitches and weave in the end as usual.

Fastening off and working away ends

Cut your yarn ends about ten centimeters (four inches) long and pull the yarn all the way through the stitch. Work away your yarn ends through the back bumps of the stitches of the same round you were working on. Go back and forth a few times and make sure to go through at least four or more bumps so it doesn't get too thick.



Special stitches (US-Terminology)

Bobble stitches

dc2bobble (two double crochet bobble)

**yarn over, insert hook in indicated stitch/space, yarn over and pull up loop, (yarn over and draw through two loops; rep from * one more time, yarn over and draw through all three loops.*

dc3bobble (three double crochet bobble)

**yarn over, insert hook in indicated stitch/space, yarn over and pull up loop, (yarn over and draw through two loops; rep from * two more times, yarn over and draw through all four loops.*

FPdc2bobble (Front Post two double crochet bobble)

**yarn over, place your hook around indicated stitch/space, yarn over and pull up loop, yarn over and draw through two loops; rep from * two more times, yarn over and draw through all three loops.*

FPtr2bobble (Front Post two treble crochet bobble)

**yarn over twice, place your hook around indicated stitch/space, yarn over and pull up loop, (yarn over and draw through two loops) twice; rep from * two more times, yarn over and draw through all four loops.*

tr3bobble (three treble crochet bobble)

**yarn over twice, insert hook in indicated stitch/space, yarn over and pull up loop, (yarn over and draw through two loops) twice; rep from * two more times, yarn over and draw through all four loops.*

Broom stitch

broom st (broom stitch)

Make a slip stitch into the indicated stitch and draw up a loop, Make the loop as tall as your working height and then drop the loop and continue on with the next st (or slip the loop over a pen or a ruler to keep steady til next rnd). Repeat for as many times the pattern indicates. The loops will be secured in the following round.

Crab stitch

carb st (crab stitch)

Chain one and insert your hook into the stitch to the right of your chain. Yarn over and pull up a loop (just like you would with a normal single crochet except your stitches will now be twisted), yarn over

and pull through both loops on your hook. To continue: insert your hook in the next stitch to the right; yarn over and pull up a loop, yarn over and pull through both loops on your hook.

**Decrease stitches**

FPdc2tog (Front Post double crochet two stitches together)

Works as normal 2 double crochets worked together but is placed around the body of the indicated stitches.

sc2tog (single crochet two stitches together)

(insert your hook in the next stitch/space, yarn over and pull up a loop) twice, yarn over and draw through all three loops.

Long/Spike stitches

long sl st (long slip stitch)

*Worked as a normal slip stitch but down into (going over previous rounds) the indicated stitch. The stitch head should rest steadily on the one from the previous round as if it was made into that. Make sure not to make the long slip stitch too tight so that it pulls down on your work, nor too loose so it lays floppy. We are aiming for the Swedish word: **lagom** (not too much nor too little; just enough).*

spike sc (spike single crochet)

This spike stitch is worked as a normal single crochet; but you make it elongated to the working stitch height whilst covering the stitches of the previous round.

spike dc (spike double crochet)

This spike stitch is worked as a normal double crochet; but you make it elongated to the working stitch height whilst covering the stitches of the previous round.

Picot stitch

p (picot stitch)

*Make three chain stitches then slip stitch through the front loop **and** leg of the previous stitch.*

Popcorn stitches

dc3pop (three double crochet popcorn)

Work three double crochets into/around the indicated stitch. Drop the loop and insert your hook through the first one made; grab the dropped loop of the third and pull through the first. Close with a chain stitch which counts as part of the stitch, and not one on its own.

dc4pop (four double crochet popcorn)

Work four double crochets into/around the indicated stitch. Drop the loop and insert your hook through the first one made; grab the dropped loop of the fourth and pull through the first. Close with a chain stitch which counts as part of the stitch, and not one on its own.



dc5pop (five double crochet popcorn)

Work five double crochets into/around the indicated stitch. Drop the loop and insert your hook through the first one made; grab the dropped loop of the fifth and pull through the first. Close with a chain stitch which counts as part of the stitch, and not one on its own.

Puff stitch

puff (puff stitch)

Yarn over and pull up a loop four times, yarn over and pull through all loops on your hook. Close with a chain stitch which counts as part of the stitch, and not one on its own.

V-stitches

v-st (v-stitch)

Work one double crochet + chain two + one double crochet in the indicated stitch.

tall v-st (tall v-stitch)

Work one treble crochet + chain two + one treble crochet in the indicated stitch.

FPv-st (Front Post v-stitch)

Work one Front Post double crochet + chain two + 1 Front Post double crochet around the indicated stitch.

Repeat formats

***.....; rep from * til end** means to work the instructions after * and then repeat that section as specified.

(.....) x 1/2/3/4/5 times means work the instructions between brackets the total number of times stated.



TERMINOLOGY					
US		UK		SWE	
MC	Magic circle	MC	Magic circle	MR	magisk ring
dec	decrease	dec	decrease	-	minska (1>2)
inc	increase	inc	increase	-	öka (2>1)
rnd	round	rnd	round	v	varv som vikas runt
row	row	row	row	rad	rad som virkas fram och tillbaka
sp	space	sp	space	-	utrymmet mellan två maskor
RS	Right side	RS	Right side	RS	Rätsida
WS	Wrong side	WS	Wrong side	AS	Avigsida
FLO	Front Loop Only	FLO	Front Loop Only	fmb	främre maskbåge
BLO	Back Loop Only	BLO	Back Loop Only	bmb	bakre maskbåge
BP	Back Post	BP	Back Post	rmf	relief maska framifrån
FP	Front Post	FP	Front Post	rmb	relief maska bakifrån
rep	repeat	rep	repeat	-	upprepa



MAIN STITCHES					
US		UK		SWE	
st	stitch	st	stitch	m	maska
ch	chain	ch	chain	lm	luftmaska
ch sp	chain space	ch sp	chain space	lmb	luftmaskbåge
tch	turning chain	tch	turning chain	vm	vändmaska
sl st	slip stitch	sl st	slip stitch	sm	smygmaska
sc	single crochet	dc	double crochet	fm	fast maska
hdc	half double crochet	htr	half treble crochet	hst	halvstolpe
dc	double crochet	tr	treble crochet	st	stolpe
tr	treble crochet	dtr	double treble crochet	dst	dubbelstolpe
dtr	double treble crochet	ttr	triple treble crochet	tdst	tredubbel stolpe



SPECIAL STITCHES					
US		UK		SWE	
sc2tog	single crochet 2 together	dc2tog	double crochet 2 together	fm2tills	2 fastmaskor tillsammans
dc2tog	double crochet 2 together	tr2tog	treble crochet 2 together	st2tills	2 stolpar tillsammans
cl	cluster	cl	cluster	stgr	stolpgrupp
dc2bobble	double crochet 2 bobble	tr2bobble	treble crochet 2 bobble	st2bobble	2 stolpar tillsammans i samma maska
tr2bobble	treble crochet 2 bobble	ttr2bobble	triple treble crochet 2 bobble	dst2bobble	2 dubbelstolpar tillsammans i samma maska
dc3pop	double crochet 3 popcorn	tr3pop	treble crochet 3 popcorn	st3pop	3 stolpar popcorn
dc4pop	double crochet 4 popcorn	tr4pop	treble crochet 4 popcorn	st4pop	4 stolpar popkorn
puff	puff stitch	puff	puff stitch	puff	puffmaska
p	picot	p	picot	p	picot
spike st	spike stitch	spike st	spike stitch	spm	spikmaska
crab st	crab stitch	crab st	crab stitch	kräm	kräftmaska
v-stitch	v-stitch	v-stitch	v-stitch	v-maska	v-maska
tall v-st	tall v-stitch	tall v-st	tall v-stitch	hv-maska	hög v-maska
broom st	broom stitch	broom st	broom stitch	öglevirkning	öglevirkning